The Resurgence of Empire in East Asia
Early in the seventh century C.E., the emperor of China issued an order forbidding his subjects to travel beyond Chinese borders into central Asia. In 629, however, in defiance of the emperor, a young Buddhist monk slipped past imperial watchtowers under cover of darkness and made his way west. His name was Xuanzang, and his destination was India, homeland of Buddhism. Although educated in Confucian texts as a youth, Xuanzang had followed his older brother into a monastery where he became devoted to Buddhism. While studying the Sanskrit language, Xuanzang noticed that Chinese writings on Buddhism contained many teachings that were confusing or even contradictory to those of Indian Buddhist texts. He decided to travel to India, visit the holy sites of Buddhism, and study with the most knowledgeable Buddhist teachers and sages to learn about his faith from the purest sources.

Xuanzang could not have imagined the difficulties he would face. Immediately after his departure from China, his guide abandoned him in the Gobi desert. After losing his water bag and collapsing in the heat, Xuanzang made his way to the oasis town of Turpan on the silk roads. The Buddhist ruler of Turpan provided the devout pilgrim with travel supplies and rich gifts to support his mission. Among the presents were twenty-four letters of introduction to rulers of lands on the way to India, each one attached to a bolt of silk, five hundred bolts of silk and two carts of fruit for the most important ruler, thirty horses, twenty-five laborers, and another five hundred bolts of silk along with gold, silver, and silk clothes for Xuanzang to use as travel funds. After departing from Turpan, Xuanzang crossed three of the world’s highest mountain ranges—the Tian Shan, Hindu Kush, and Pamir ranges—and lost one-third of his party to exposure and starvation in the Tian Shan. He crossed yawning gorges thousands of meters deep on footbridges fashioned from rope or chains, and he faced numerous attacks by bandits as well as confrontations with demons, dragons, and evil spirits.

Yet Xuanzang persisted and arrived in India in 630. He lived there for more than twelve years, visiting the holy sites of Buddhism and devoting himself to the study of languages and Buddhist doctrine, especially at Nalanda, the center of advanced Buddhist education in India. He also amassed a huge collection of relics and images as well as 657 books, all of which he packed into 527 crates and transported back to China to advance the understanding of Buddhism in his native land.

By the time of his return in 645, Xuanzang had logged more than 16,000 kilometers (10,000 miles) on the road. News of the holy monk’s efforts had reached the imperial court, and even though Xuanzang had violated the ban on travel, he received a hero’s welcome and an audience with the emperor. Until his death in 664, Xuanzang spent his remaining years...
translating Buddhist treatises into Chinese and promoting his faith. His efforts helped to popularize Buddhism and bring about nearly universal adoption of the faith throughout China.

Xuanzang undertook his journey at a propitious time. For more than 350 years after the fall of the Han dynasty, war, invasion, conquest, and foreign rule disrupted Chinese society. Toward the end of the sixth century, however, centralized imperial rule returned to China. The Sui and Tang dynasties restored order and presided over an era of rapid economic growth in China. Agricultural yields rose dramatically, and technological innovations boosted the production of manufactured goods. China ranked with the Byzantine and Abbasid empires as a political and economic anchor of the postclassical world.

For China the postclassical era was an age of intense interaction with other peoples. Chinese merchants participated in trade networks that linked most regions of the eastern hemisphere. Buddhism spread beyond its homeland of India, attracted a large popular following in China, and even influenced the thought of Confucian scholars. A resurgent China made its influence felt throughout east Asia: diplomats and armed forces introduced Chinese ways into Korea and Vietnam, and rulers of the Japanese islands looked to China for guidance in matters of political organization. Korea, Vietnam, and Japan retained their distinctiveness, but all three lands drew deep inspiration from China and participated in a larger east Asian society centered on China.

The Restoration of Centralized Imperial Rule in China

During the centuries following the Han dynasty, several regional kingdoms made bids to assert their authority over all of China, but none possessed the resources to dominate its rivals over the long term. In the late sixth century, however, Yang Jian, an ambitious ruler in northern China, embarked on a series of military campaigns that brought all of China once again under centralized imperial rule. Yang Jian’s Sui dynasty survived less than thirty years, but the tradition of centralized rule outlived his house. The Tang dynasty replaced the Sui, and the Song succeeded the Tang. The Tang and Song dynasties organized Chinese society so efficiently that China became a center of exceptional agricultural and industrial production. Indeed, much of the eastern hemisphere felt the effects of the powerful Chinese economy of the Tang and Song dynasties.

The Sui Dynasty

Like Qin Shihuangdi some eight hundred years earlier, Yang Jian imposed tight political discipline on his state and then extended his rule to the rest of China. Yang Jian began his rise to power when a Turkish ruler appointed him duke of Sui in northern China. In 580 Yang Jian’s patron died, leaving a seven-year-old son as his heir. Yang Jian installed the boy as ruler but forced his abdication one year later, claiming the throne and the Mandate of Heaven for himself. During the next decade Yang Jian sent military expeditions into central Asia and southern China. By 589 the house of Sui ruled all of China.

Like the rulers of the Qin dynasty, the emperors of the Sui dynasty (589–618 C.E.) placed enormous demands on their subjects in the course of building a strong, centralized government. The Sui emperors ordered the construction of palaces and granaries, carried out extensive repairs on defensive walls, dispatched military forces to central Asia and Korea, levied high taxes, and demanded compulsory labor services.
The most elaborate project undertaken during the Sui dynasty was the construction of the Grand Canal, which was one of the world’s largest waterworks projects before modern times. The second emperor, Sui Yangdi (reigned 604–618 C.E.), completed work on the canal to facilitate trade between northern and southern China, particularly to make the abundant supplies of rice and other food crops from the Yangzi River valley available to residents of northern regions. The only practical and economical way to transport food crops in large quantities was by water. But since Chinese rivers generally flow from west to east, only an artificial waterway could support a large volume of trade between north and south.

The Grand Canal was really a series of artificial waterways that ultimately reached from Hangzhou in the south to the imperial capital of Chang’an in the west to a terminus near modern Beijing in the north. Sui Yangdi used canals dug as early as the Zhou dynasty, but he linked them into a network that served much of China. When completed, the Grand Canal extended almost 2,000 kilometers (1,240 miles) and reportedly was forty paces wide, with roads running parallel to the waterway on either side.

Though expensive to construct, Sui Yangdi’s investment in the Grand Canal paid dividends for more than a thousand years. It integrated the economies of northern and southern China, thereby establishing an economic foundation for political and cultural unity. Until the arrival of railroads in the twentieth century, the Grand Canal served as the principal conduit for internal trade. Indeed, the canal continues to function even today, although mechanical transport has diminished its significance as a trade route.

Sui Yangdi’s construction projects served China well over a long term, but their dependence on high taxes and forced labor generated hostility toward his rule. The Grand Canal alone required the services of conscripted laborers by the millions. Military
reverses in Korea prompted discontented subjects to revolt against Sui rule. During the late 610s, rebellions broke out in northern China when Sui Yangdi sought additional resources for his Korean campaign. In 618 a disgruntled minister assassinated the emperor and brought the dynasty to an end.

The Tang Dynasty

Soon after Sui Yangdi’s death, a rebel leader seized Chang’an and proclaimed himself emperor of a new dynasty that he named Tang after his hereditary title. The dynasty survived for almost three hundred years (618–907 C.E.), and Tang rulers organized China into a powerful, productive, and prosperous society.

Much of the Tang’s success was due to the energy, ability, and policies of the dynasty’s second emperor, Tang Taizong (reigned 627–649 C.E.). Taizong was both ambitious and ruthless: in making his way to the imperial throne, he murdered two of his brothers and pushed his father aside. Once on the throne, however, he displayed a high sense of duty and strove conscientiously to provide an effective, stable government. He built a splendid capital at Chang’an, and he saw himself as a Confucian ruler who heeded the interests of his subjects. Contemporaries reported that banditry ended during his reign, that the price of rice remained low, and that taxes levied on peasants amounted to only one-fortieth of the annual harvest—a 2.5 percent tax rate—although required rent payments and compulsory labor services meant that the effective rate of taxation was somewhat higher. These reports suggest that China enjoyed an era of unusual stability and prosperity during the reign of Tang Taizong.

Three policies in particular help to explain the success of the early Tang dynasty: maintenance of a well-articulated transportation and communications network, distribution of land according to the principles of the equal-field system, and reliance on a bureaucracy based on merit. All three policies originated in the Sui dynasty, but Tang rulers applied them more systematically and effectively than their predecessors had.
Apart from the Grand Canal, which served as the principal route for long-distance transportation within China, Tang rulers maintained an extensive communications network based on roads, horses, and sometimes human runners. Along the main routes, Tang officials maintained inns, postal stations, and stables, which provided rest and refreshment for travelers, couriers, and their mounts. Using couriers traveling by horse, the Tang court could communicate with the most distant cities in the empire in about eight days. Even human runners provided impressively speedy services: relay teams of some 9,600 runners supplied the Tang court at Chang’an with seafood delivered fresh from Ningbo, more than 1,000 kilometers (620 miles) away.

The equal-field system governed the allocation of agricultural land. Its purpose was to ensure an equitable distribution of land and to avoid the concentration of landed property that had caused social problems during the Han dynasty. The system allotted land to individuals and their families according to the land’s fertility and the recipients’ needs. About one-fifth of the land became the hereditary possession of the recipients, and the rest remained available for redistribution when the original recipients’ needs and circumstances changed.

For about a century, administrators were able to apply the principles of the equal-field system relatively consistently. By the early eighth century, however, the system showed signs of strain. A rapidly rising population placed pressure on the land available for distribution. Meanwhile, through favors, bribery, or intimidation of administrators, influential families found ways to retain land scheduled for redistribution. Furthermore, large parcels of land fell out of the system altogether when Buddhist monasteries acquired them. Nevertheless, during the first half of the Tang dynasty, the system provided a foundation for stability and prosperity in the Chinese countryside.

The Tang dynasty also relied heavily on a bureaucracy based on merit, as reflected by performance on imperial civil service examinations. Following the example of the Han dynasty, Sui and Tang rulers recruited government officials from the ranks of candidates who had progressed through the Confucian educational system and had mastered a sophisticated curriculum concentrating on the classic works of Chinese literature and philosophy. Although powerful families used their influence to place relatives in positions of authority, most officeholders won their posts because of intellectual ability. Members of this talented class were generally loyal to the dynasty, and they worked to preserve and strengthen the state. The Confucian educational system and the related civil service served Chinese governments so well that, with modifications and an occasional interruption, they survived for thirteen centuries, disappearing only after the collapse of the Qing dynasty in the early twentieth century.

Soon after its foundation, the powerful and dynamic Tang state began to flex its military muscles. In the north, Tang forces brought Manchuria under imperial authority and forced the Silla kingdom in Korea to acknowledge the Tang emperor as overlord. To the south, Tang armies conquered the northern part of Vietnam. To the west they extended Tang authority as far as the Aral Sea and brought a portion of the high plateau of Tibet under Tang control. Territorially, the Tang empire ranks among the largest in Chinese history.

In an effort to fashion a stable diplomatic order, the Tang emperors revived the Han dynasty’s practice of maintaining tributary relationships between China and neighboring lands. According to Chinese political theory, China was the Middle Kingdom, a powerful realm with the responsibility to bring order to subordinate lands through a system of tributary relationships. Neighboring lands and peoples would recognize Chinese emperors as their overlords. As tokens of their subordinate status, envoys from those states would regularly deliver gifts to the court of the Middle Kingdom and
would perform the kowtow—a ritual prostration in which subordinates knelt before the emperor and touched their foreheads to the ground. In return, tributary states received confirmation of their authority as well as lavish gifts. Because Chinese authorities often had little real influence in these supposedly subordinate lands, there was always something of a fictional quality to the system. Nevertheless, it was extremely important throughout east Asia and central Asia because it institutionalized relations between China and neighboring lands, fostering trade and cultural exchanges as well as diplomatic contacts.

Tang Decline

Under able rulers such as Taizong, the Tang dynasty flourished. During the mid-eighth century, however, casual and careless leadership brought the dynasty to a crisis from which it never fully recovered. In 755, while the emperor neglected public affairs in favor of music and his favorite concubine, one of the dynasty’s foremost military commanders, An Lushan, mounted a rebellion and captured the capital at Chang’an, as well as the secondary capital at Luoyang. His revolt was short-lived: in 757 a soldier murdered An Lushan, and by 763 Tang forces had suppressed his army and recovered their capitals. But the rebellion left the dynasty in a gravely weakened state. Tang commanders were unable to defeat rebellious forces by themselves, so they invited a nomadic Turkish people, the Uighurs, to bring an army into China. In return for their services, the Uighurs demanded the right to sack Chang’an and Luoyang after the expulsion of the rebels.

The Tang imperial house never regained control of affairs after this crisis. The equal-field system deteriorated, and dwindling tax receipts failed to meet dynastic needs. Imperial armies were unable to resist the encroachments of Turkish peoples in the late
The eighth century was a golden age of Chinese poetry. Among the foremost writers of the era was Du Fu (712–770 C.E.), often considered China’s greatest poet. Born into a prominent Confucian family, Du Fu wrote in his early years about the beauty of the natural world. After the rebellion of An Lushan, however, he fell into poverty and experienced difficulties. Not surprisingly, poetry of his later years lamented the chaos of the late eighth century. In the following verses, Du Fu offered a bitter perspective on the wars that plagued China in the 750s and 760s.

**A Song of War Chariots**

The war-chariots rattle,
The war-horses whinny.
Each man of you has a bow and a quiver at his belt.
Father, mother, son, wife, stare at you going,
Till dust shall have buried the bridge beyond Chang’an.
They run with you, crying, they tug at your sleeves,
And the sound of their sorrow goes up to the clouds;
And every time a bystander asks you a question,
You can only say to him that you have to go.
. . . We remember others at fifteen sent north to guard the river
And at forty sent west to cultivate the camp-farms.
The mayor wound their turbans for them when they started out.
With their turbaned hair white now, they are still at the border,
At the border where the blood of men spills like the sea—
And still the heart of Emperor Wu is beating for war.
. . . Do you know that, east of China’s mountains, in two hundred districts
And in thousands of villages, nothing grows but weeds,

And though strong women have bent to the ploughing,
East and west the furrows all are broken down?
. . . Men of China are able to face the stiffest battle,
But their officers drive them like chickens and dogs.
Whatever is asked of them,
Dare they complain?
For example, this winter
Held west of the gate,
Challenged for taxes,
How could they pay?
. . . We have learned that to have a son is bad luck—
It is very much better to have a daughter
Who can marry and live in the house of a neighbour,
While under the sod we bury our boys.
. . . Go to the Blue Sea, look along the shore
At all the old white bones forsaken—
New ghosts are wailing there now with the old,
Loudest in the dark sky of a stormy day.

**FOR FURTHER REFLECTION**
Assess the effects of war in the late Tang dynasty from the viewpoints of imperial rulers and individual subjects.


eighth century. During the ninth century a series of rebellions devastated the Chinese countryside. One uprising, led by the military commander Huang Chao, embroiled much of eastern China for almost a decade from 875 to 884. Huang Chao’s revolt reflected and fueled popular discontent: he routinely pillaged the wealthy and distributed a portion of his plunder among the poor. In an effort to control the rebels, the Tang emperors granted progressively greater power and authority to regional military
commanders, who gradually became the effective rulers of China. In 907 the last Tang emperor abdicated his throne, and the dynasty came to an end.

**The Song Dynasty**

Following the Tang collapse, warlords ruled China until the Song dynasty reimposed centralized imperial rule in the late tenth century. Though it survived for more than three centuries, the Song dynasty (960–1279 C.E.) never built a very powerful state. Song rulers mistrusted military leaders, and they placed much more emphasis on civil administration, industry, education, and the arts than on military affairs.

*Song Taizu*

The first Song emperor, Song Taizu (reigned 960–976 C.E.), inaugurated this policy. Song Taizu began his career as a junior military officer serving one of the most powerful warlords in northern China. He had a reputation for honesty and effectiveness, and in 960 his troops proclaimed him emperor. During the next several years, he and his army subjected the warlords to their authority and consolidated Song control throughout China. He then persuaded his generals to retire honorably to a life of leisure so that they would not seek to displace him, and he set about organizing a centralized administration that placed military forces under tight supervision.

Song Taizu regarded all state officials, even minor functionaries in distant provinces, as servants of the imperial government. In exchange for their loyalty, Song rulers rewarded these officials handsomely. They vastly expanded the bureaucracy based on merit by creating more opportunities for individuals to seek a Confucian education and take civil service examinations. They accepted many more candidates into the bureaucracy than their Sui and Tang predecessors, and they provided generous salaries for those who qualified for government appointments. They even placed civil bureaucrats in charge of military forces.

*Song Weaknesses*

The Song approach to administration resulted in a more centralized imperial government than earlier Chinese dynasties had enjoyed. But it caused two big problems that weakened the dynasty and eventually brought about its fall. The first problem was financial: the enormous Song bureaucracy devoured China’s surplus production. As the number of bureaucrats and the size of their rewards grew, the imperial treasury came under tremendous pressure. Efforts to raise taxes aggravated the peasants, who mounted two major rebellions in the early twelfth century. By that time, however, bureaucrats dominated the Song administration to the point that it was impossible to reform the system.

The second problem was military. Scholar-bureaucrats generally had little military education and little talent for military affairs, yet they led Song armies in the field and made military decisions. It was no coincidence that nomadic peoples flourished along China’s northern border throughout the Song dynasty. From the early tenth through the early twelfth century, the Khitan, a seminomadic people from Manchuria, ruled a vast empire stretching from northern Korea to Mongolia. During the first half of the Song dynasty, the Khitan demanded and received large tribute payments of silk and silver from the Song state to the south. In the early twelfth century, the nomadic Jurchen conquered the Khitan, overran northern China, captured the Song capital at Kaifeng, and proclaimed establishment of the Jin empire. Thereafter the Song dynasty moved its capital to the prosperous port city of Hangzhou and survived only in southern China, so that the latter part of the dynasty is commonly known as the Southern Song. This truncated Southern Song shared a border with the Jin empire about midway between the Yellow River and the Yangzi River until 1279, when Mongol forces ended the dynasty and incorporated southern China into their empire.
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Although the Song dynasty did not develop a particularly strong military capacity, it benefited from a remarkable series of agricultural, technological, industrial, and commercial developments that transformed China into the economic powerhouse of Eurasia. This economic development originated in the Tang dynasty, but its results became most clear during the Song, which presided over a land of enormous prosperity. The economic surge of Tang and Song times had implications that went well beyond China, since it stimulated trade and production throughout much of the eastern hemisphere for more than half a millennium, from about 600 to 1300 C.E.

Agricultural Development

The foundation of economic development in Tang and Song China was a surge in agricultural production. Sui and Tang armies prepared the way for increased agricultural productivity when they imposed their control over southern China and ventured into Vietnam. In Vietnam they encountered strains of fast-ripening rice that enabled cultivators to harvest two crops per year. When introduced to the fertile fields of southern China, fast-ripening rice quickly resulted in an expanded supply of food. Like the 

Map 15.2 | The Song dynasty, 960–1279 C.E. After the establishment of the Jin empire, the Song dynasty moved its capital from Kaifeng to Hangzhou. What advantages did Hangzhou offer to the Song rulers?

Fast-Ripening Rice

Like the dar al-Islam, Tang and Song China benefited enormously from the introduction of new food crops.
Chinese cultivators also increased their productivity by adopting improved agricultural techniques. They made increased use of heavy iron plows, and they harnessed oxen (in the north) and water buffaloes (in the south) to help prepare land for cultivation. They enriched the soil with manure and composted organic matter. They also organized extensive irrigation systems. These included not only reservoirs, dikes, dams, and canals but also pumps and waterwheels, powered by both animals and humans, that moved water into irrigation systems. Artificial irrigation made it possible to extend cultivation to difficult terrain, including terraced mountainsides—a development that vastly expanded China’s agricultural potential.

Increased agricultural production had dramatic results. One was a rapid expansion of the Chinese population. After the fall of the Han dynasty, the population of China reached a low point, about 45 million in 600 C.E. By 800 it had rebounded to 50 million, and two centuries later to 60 million. By 1127, when the Jurchen conquered the northern half of the Song state, the Chinese population had passed 100 million, and by 1200 it stood at about 115 million. This rapid population growth reflected both the productivity of the agricultural economy and the well-organized distribution of food through transportation networks built during Sui and Tang times.

Increased food supplies encouraged the growth of cities. During the Tang dynasty the imperial capital of Chang’an was the world’s most populous city with perhaps as many as 2 million residents. During the Song dynasty, China was the most urbanized land in the world. In the late thirteenth century, Hangzhou, capital of the Southern Song dynasty, had more than 1 million residents. They supported hundreds of restaurants, noodle shops, taverns, teahouses, brothels, music halls, theaters, clubhouses, gardens, markets, craft shops, and specialty stores dealing in silk, gems, porcelain, lac-

![An illustration commissioned by the Song government shows peasants how to go about the laborious task of transplanting rice seedlings into a paddy flooded with water.](image)
querware, and other goods. Hangzhou residents, like those in most cities, observed peculiar local customs. Taverns often had several stories, for example, and patrons gravitated to higher or lower stories according to their plans: those desiring only a cup or two of wine sat at street level, whereas those planning an extended evening of revelry sought tables on the higher stories.

As a capital, Hangzhou was something of a special case among cities, but during the Tang and Song eras, scores of Chinese cities boasted populations of one hundred thousand or more. Li Bai (701–761 C.E.), who was perhaps the most popular poet of the Tang era, took the social life of these Chinese cities as one of his principal themes. Li Bai mostly wrote light, pleasing verse celebrating life, friendship, and especially wine. (Tradition holds that the drunken poet died by drowning when he fell out of a boat while attempting to embrace the moon’s reflection in the water.) The annual spring festival was an occasion dear to the heart of urban residents, who flocked to the streets to shop for new products, have their fortunes told, and eat tasty snacks from food vendors.

Another result of increased food production was the emergence of a commercialized agricultural economy. Because fast-ripening rice yielded bountiful harvests, many cultivators could purchase inexpensive rice and raise vegetables and fruits for sale on the commercial market. Cultivators specialized in crops that grew well in their regions, and they often exported their harvests to distant regions. By the twelfth century, for example, the wealthy southern province of Fujian imported rice and devoted its land to the production of lychees, oranges, and sugarcane, which fetched high prices in northern markets. Indeed, market-oriented cultivation went so far that authorities tried—with only limited success—to require Fujianese to grow rice so as to avoid excessive dependence on imports.

With increasing wealth and agricultural productivity, Tang and especially Song China experienced a tightening of patriarchal social structures, which perhaps...
represented an effort to preserve family fortunes through enhanced family solidarity. During the Song dynasty the veneration of family ancestors became much more elaborate. Instead of simply remembering ancestors and invoking their aid in rituals performed at home, descendants diligently sought the graves of their earliest traceable forefathers and then arranged elaborate graveside rituals in their honor. Whole extended families often traveled great distances to attend annual rituals venerating their ancestors—a practice that strengthened the sense of family identity and cohesiveness.

Strengthened patriarchal authority also helps to explain the popularity of foot binding, which spread among privileged classes during the Song era. Foot binding involved the tight wrapping of young girls’ feet with strips of cloth that prevented natural growth of the bones and resulted in tiny, malformed, curved feet. Women with bound feet could not walk easily or naturally. Usually they needed canes to walk by themselves, and sometimes they depended on servants to carry them around in litters. Foot binding never became universal in China—it was impractical for peasants or lower-class working women in the cities—but wealthy families often bound the feet of their daughters to enhance their attractiveness, display their high social standing, and gain increased control over the girls’ behavior. Like the practice of veiling women in the Islamic world, foot binding placed women of privileged classes under tight supervision of their husbands or other male guardians, who then managed the women’s affairs in the interests of the larger family.

Technological and Industrial Development

Porcelain

Abundant supplies of food enabled many people to pursue technological and industrial interests. During the Tang and Song dynasties, Chinese crafts workers generated a remarkable range of technological innovations. During Tang times they discovered techniques of producing high-quality porcelain, which was lighter, thinner, and adaptable to more uses than earlier pottery. When fired with glazes, porcelain could also become an aesthetically appealing utensil and even a work of art. Porcelain technology gradually diffused to other societies, and Abbasid crafts workers in particular produced porcelain in large quantities. Yet demand for Chinese porcelain remained high, and the Chinese exported vast quantities of porcelain during the Tang and Song dynasties. Archaeologists have turned up Tang and Song porcelain at sites all along the trade networks of the postclassical era: Chinese porcelain graced the tables of wealthy and refined households in southeast Asia, India, Persia, and the port cities of east Africa. Tang and Song products gained such a reputation that fine porcelain has come to be known generally as chinaware.

Metallurgy

Tang and Song craftsmen also improved metallurgical technologies. Production of iron and steel surged during this era, partly because of techniques that resulted in stronger and more useful metals. Chinese craftsmen discovered that they could use coke instead of coal in their furnaces and produce superior grades of metal. Between the early ninth and the early twelfth centuries, iron production increased almost tenfold according to official records, which underestimate total production. Most of the increased supply of iron and steel went into weaponry and agricultural tools: during the early Song dynasty, imperial armaments manufacturers produced 16.5 million iron arrowheads per year. Iron and steel also went into construction projects involving large structures such as bridges and pagodas. As in the case of porcelain technology, metallurgical techniques soon diffused to lands beyond China. Indeed, Song military difficulties stemmed partly from the fact that nomadic peoples quickly learned Chinese techniques and fashioned their own iron weapons for use in campaigns against China.
 Quite apart from improving existing technologies, Tang and Song craftsmen also invented entirely new products, tools, and techniques, most notably gunpowder, printing, and naval technologies. Daoist alchemists discovered how to make gunpowder during the Tang dynasty, as they tested the properties of various experimental concoctions while seeking elixirs to prolong life. They soon learned that it was unwise to mix charcoal, saltpeter, sulphur, and arsenic, because the volatile compound often resulted in singed beards and even destroyed buildings. Military officials, however, recognized opportunity in the explosive mixture. By the mid-tenth century they were using gunpowder in bamboo “fire lances,” a kind of flamethrower, and by the eleventh century they had fashioned primitive bombs.

The earliest gunpowder weapons had limited military effectiveness: they probably caused more confusion because of noise and smoke than damage because of their destructive potential. Over time, however, refinements enhanced their effectiveness. Knowledge of gunpowder chemistry quickly diffused through Eurasia, and by the late thirteenth century peoples of southwest Asia and Europe were experimenting with metal-barreled cannons.

The precise origins of printing lie obscured in the mists of time. Although some form of printing may have predated the Sui dynasty, only during the Tang era did printing become common. The earliest printers employed block-printing techniques: they carved a reverse image of an entire page into a wooden block, inked the block, and then pressed a sheet of paper on top. By the mid-eleventh century, printers had begun to experiment with reusable, movable type: instead of carving images into blocks, they fashioned dies in the shape of ideographs, arranged them in a frame, inked them, and pressed the frame over paper sheets. Because formal writing in the Chinese language involved as many as forty thousand characters, printers often found movable type to be unwieldy and inconvenient, so they continued to print from wooden blocks long after movable type became available.

Printing made it possible to produce texts quickly, cheaply, and in huge quantities. By the late ninth century, printed copies of Buddhist texts, Confucian works, calendars, agricultural treatises, and popular works appeared in large quantities, particularly
in southwestern China (modern Sichuan province). Song dynasty officials broadly disseminated printed works by visiting the countryside with pamphlets that outlined effective agricultural techniques.

Chinese inventiveness extended also to naval technology. Before Tang times, Chinese mariners did not venture far from land. They traveled the sea-lanes to Korea, Japan, and the Ryukyu Islands but relied on Persian, Arab, Indian, and Malay mariners for long-distance maritime trade. During the Tang dynasty, however, Chinese consumers developed a taste for the spices and exotic products of southeast Asian islands, and Chinese mariners increasingly visited those lands in their own ships. By the time of the Song dynasty, Chinese seafarers sailed ships fastened with iron nails, waterproofed with oils, furnished with watertight bulkheads, driven by canvas and bamboo sails, steered by rudders, and navigated with the aid of the “south-pointing needle”—the magnetic compass. Larger ships sometimes even had small rockets powered by gunpowder. Chinese ships mostly plied the waters between Japan and the Malay peninsula, but some ventured into the Indian Ocean and called at ports in India, Ceylon, Persia, and east Africa. Those long-distance travels helped to diffuse elements of
Chinese naval technology, particularly the compass, which soon became the common property of mariners throughout the Indian Ocean basin.

**The Emergence of a Market Economy**

Increased agricultural production, improved transportation systems, population growth, urbanization, and industrial production combined to stimulate the Chinese economy. China’s various regions increasingly specialized in the cultivation of particular food crops or the production of particular manufactured goods, trading their products for imports from other regions. The market was not the only influence on the Chinese economy: government bureaucracies played a large role in the distribution of staple foods such as rice, wheat, and millet, and dynastic authorities closely watched militarily sensitive enterprises such as the iron industry. Nevertheless, millions of cultivators produced fruits and vegetables for sale on the open market, and manufacturers of silk, porcelain, and other goods supplied both domestic and foreign markets. The Chinese economy became more tightly integrated than ever before, and foreign demand for Chinese products fueled rapid economic expansion.

Indeed, trade grew so rapidly during Tang and Song times that China experienced a shortage of the copper coins that served as money for most transactions. To alleviate the shortage, Chinese merchants developed alternatives to cash that resulted in even more economic growth. Letters of credit came into common use during the early Tang dynasty. Known as “flying cash,” they enabled merchants to deposit goods or cash at one location and draw the equivalent in cash or goods elsewhere in China. Later developments included the use of promissory notes, which pledged payment of a given sum of money at a later date, and checks, which entitled the bearer to draw funds against cash deposited with bankers.

The search for alternatives to cash also led to the invention of paper money. Wealthy merchants pioneered the use of printed paper money during the late ninth century. In return for cash deposits from their clients, they issued printed notes that the clients could redeem for merchandise. In a society short of cash, these notes greatly facilitated commercial transactions. Occasionally, however, because of temporary economic reverses or poor management, merchants were not able to honor their notes. The resulting discontent among creditors often led to disorder and sometimes even to riots.

By the eleventh century, however, the Chinese economy had become so dependent on alternatives to cash that it was impractical to banish paper money altogether. To preserve its convenience while forestalling public disorder, government authorities forbade private parties to issue paper money and reserved that right for the state. The first paper money printed under government auspices appeared in 1024 in Sichuan province, the most active center of early printing. By the end of the century, government authorities throughout most of China issued printed paper money—complete with serial numbers and dire warnings against the printing of counterfeit notes. Rulers of nomadic peoples in central Asia soon began to adopt the practice in their states.

Printed paper money caused serious problems for several centuries after its appearance. Quite apart from contamination of the money supply by counterfeit notes, government authorities frequently printed currency representing more value than they actually possessed in cash reserves—a practice not unknown in more recent times. The result was a partial loss of public confidence in paper money. By the late eleventh century, some notes of paper money would fetch only 95 percent of their face value in cash. Not until the Qing dynasty (1644–1911 C.E.) did Chinese authorities place the issuance of printed money under tight fiscal controls. In spite of abuses, however, printed paper money provided a powerful stimulus to the Chinese economy.
Trade and urbanization transformed Tang and Song China into a prosperous, cosmopolitan society. Trade came to China both by land and by sea. Muslim merchants from the Abbasid empire and central Asia helped to revive the silk roads network and flocked to large Chinese trading centers. Even subjects of the Byzantine empire made their way across the silk roads to China. Residents of large Chinese cities such as Chang’an and Luoyang became quite accustomed to merchants from foreign lands. Indeed, musicians and dancers from Persia became popular entertainers in the cosmopolitan cities of the Tang dynasty. Meanwhile, Arab, Persian, Indian, and Malay mariners arriving by way of the Indian Ocean and South China Sea estab-

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Sources from the Past

The Arab Merchant Suleiman on Business Practices in Tang China

The Arab merchant Suleiman made several commercial ventures by ship to India and China during the early ninth century C.E. In 851 an Arab geographer wrote an account of Suleiman’s travels, describing India and China for Muslim readers in southwest Asia. His report throws particularly interesting light on the economic conditions and business practices of Tang China.

Young and old Chinese all wear silk clothes in both winter and summer, but silk of the best quality is reserved for the kings. . . . During the winter, the men wear two, three, four, five pairs of pants, and even more, according to their means. This practice has the goal of protecting the lower body from the high humidity of the land, which they fear. During the summer, they wear a single shirt of silk or some similar material. They do not wear turbans. . . .

In China, commercial transactions are carried out with the aid of copper coins. The Chinese royal treasury is identical to that of other kings, but only the king of China has a treasury that uses copper coins as a standard. These copper coins serve as the money of the land. The Chinese have gold, silver, fine pearls, fancy silk textiles, raw silk, and all this in large quantities, but they are considered commodities, and only copper coins serve as money.

Imports into China include ivory, incense, copper ingots, shells of sea turtles, and rhinoceros horn, with which the Chinese make ornaments. . . .

The Chinese conduct commercial transactions and business affairs with equity. When someone lends money to another person, he writes up a note documenting the loan. The borrower writes up another note on which he affixes an imprint of his index finger and middle finger together. Then they put the two notes together, roll them up, and write a formula at the point where one touches the other [so that part of the written formula appears on each note]. Next, they separate the notes and entrust to the lender the one on which the borrower recognizes his debt. If the borrower denies his debt later on, they say to him, “Present the note that the lender gave to you.” If the borrower maintains that he has no such note from the lender, and denies that he ever agreed to the note with his fingerprints on it, and if the lender’s note has disappeared, they say to him, “Declare in writing that you have not contracted this debt, but if later the lender brings forth proof that you have contracted this debt that you deny, you will receive twenty blows of the cane on the back and you will be ordered to pay a penalty of twenty million copper coins.” This sum is equal to about 2,000 dinars [gold coins used in the Abbasid empire]. Twenty blows of the cane brings on death. Thus no one in China dares to make such a declaration for fear of losing at the same time both life and fortune. We have seen no one who has agreed when invited to make such a declaration. The Chinese are thus equitable to each other. No one in China is treated unjustly.

FOR FURTHER REFLECTION

In what ways might Chinese policies have encouraged business and trade during the Tang dynasty?

lished sizable merchant communities in the bustling southern Chinese port cities of Guangzhou and Quanzhou. Contemporary reports said that the rebel general Huang Chao massacred 120,000 foreigners when he sacked Guangzhou and subjected it to a reign of terror in 879.

Indeed, high productivity and trade brought the Tang and Song economy a dynamism that China’s borders could not restrain. Chinese consumers developed a taste for exotic goods that stimulated trade throughout much of the eastern hemisphere. Spices from the islands of southeast Asia made their way to China, along with products as diverse as kingfisher feathers and tortoise shell from Vietnam, pearls and incense from India, and horses and melons from central Asia. These items became symbols of a refined, elegant lifestyle—in many cases because of attractive qualities inherent in the commodities themselves but sometimes simply because of their scarcity and foreign provenance. In exchange for such exotic items, Chinese sent abroad vast quantities of silk, porcelain, and lacquerware. In central Asia, southeast Asia, India, Persia, and the port cities of east Africa, wealthy merchants and rulers wore Chinese silk and set their tables with Chinese porcelain. China’s economic surge during the
Tang and Song dynasties thus promoted trade and economic growth throughout much of the eastern hemisphere.

**Cultural Change in Tang and Song China**

Interactions with peoples of other societies encouraged cultural change in postclassical China. The Confucian and Daoist traditions did not disappear. But they made way for a foreign religion—Mahayana Buddhism—and they developed along new lines that reflected the conditions of Tang and Song society.

**The Establishment of Buddhism**

Buddhist merchants traveling the ancient silk roads visited China as early as the second century B.C.E. During the Han dynasty their faith attracted little interest there: Confucianism, Daoism, and cults that honored family ancestors were the most popular cultural alternatives. After the fall of the Han, however, the Confucian tradition suffered a loss of credibility. The purpose and rationale of Confucianism was to maintain public order and provide honest, effective government. But in an age of warlords and nomadic invasions, it seemed that the Confucian tradition had simply failed. Confucian educational and civil service systems went into decline, and rulers sometimes openly scorned Confucian values.

During the unsettled centuries following the fall of the Han dynasty, several foreign religions established communities in China. Nestorian Christians and Manichaeans settled in China, followed later by Zoroastrians fleeing the Islamic conquerors of Persia. Nestorians established communities in China by the late sixth century. The emperor Tang Taizong issued a proclamation praising their doctrine, and he allowed them to open monasteries in Chang’an and other cities. By the mid-seventh century, Arab and Persian merchants had also established Muslim communities in the port cities of south China. Indeed, legend holds that an uncle of Muhammad built a small red mosque in the port city of Guangzhou. These religions of salvation mostly served the needs of foreign merchants trading in China and converts from nomadic societies. Sophisticated residents of Chinese cities appreciated foreign music and dance as well as foreign foods and trade goods, but most foreign religious faiths attracted little interest.

Yet Mahayana Buddhism gradually found a popular following in Tang and Song China. Buddhism came to China over the silk roads. Residents of oasis cities in central Asia had converted to Buddhism as early as the first or second century B.C.E., and the oases became sites of Buddhist missionary efforts. By the fourth century C.E., a sizable Buddhist community had emerged at Dunhuang in western China (modern Gansu province). Between about 600 and 1000 C.E., Buddhists built hundreds of cave temples in the vicinity of Dunhuang and decorated them with murals depicting events in the lives of the Buddha and the bodhisatvas who played prominent roles in Mahayana Buddhism. They also assembled libraries of religious literature and operated scriptoria to produce Buddhist texts. Missions supported by establishments such as those at Dunhuang helped Buddhism to establish a foothold in China.

Buddhism attracted Chinese interest partly because of its high standards of morality, its intellectual sophistication, and its promise of salvation. Practical concerns also help to account for its appeal. Buddhists established monastic communities in China and accumulated sizable estates donated by wealthy converts. They cultivated those lands intensively and stored a portion of their harvests for distribution among local residents during times of drought, famine, or other hardship. Buddhist monasteries thus became important elements in the local economies of Chinese communities.
even had implications for everyday life in China. Buddhist monks introduced chairs into China: originally a piece of monastic furniture, the chair quickly became popular in secular society and found a place in domestic interiors throughout the land. Buddhist monks also introduced refined sugar into China and thus influenced both diet and cuisine.

In some ways Buddhism posed a challenge to Chinese cultural and social traditions. Buddhist theologians typically took written texts as points of departure for elaborate, speculative investigations into metaphysical themes such as the nature of the soul. Among Chinese intellectuals, however, only the Confucians placed great emphasis on written texts, and they devoted their energies mostly to practical rather than metaphysical issues. Meanwhile, Daoists had limited interest in written texts of any kind. Buddhist morality called for individuals to strive for perfection by observing an ascetic ideal, and it encouraged serious Buddhists to follow a celibate, monastic lifestyle. In contrast, Chinese morality centered on the family unit and the obligations of filial piety, and it strongly encouraged procreation so that generations of offspring would be available to venerate family ancestors. Some Chinese held that Buddhist monasteries were economically harmful, since they paid no taxes, whereas others scorned Buddhism as an inferior creed because of its foreign origins.

Because of those differences and concerns, Buddhist missionaries sought to tailor their message to Chinese audiences. They explained Buddhist concepts in vocabulary borrowed from Chinese cultural traditions, particularly Daoism. They translated the Indian term dharma (the basic Buddhist doctrine) as dao (“the way” in the Daoist sense of the term), and they translated the Indian term nirvana (personal salvation that comes after an individual soul escapes from the cycle of incarnation) as wuwei (the Daoist ethic of noncompetition). While encouraging the establishment of monasteries...
PART III | The Postclassical Era, 500 to 1000 C.E.

and the observance of celibacy, they also recognized the validity of family life and offered Buddhism as a religion that would benefit the extended Chinese family: one son in the monastery, they taught, would bring salvation for ten generations of his kin.

The result was a syncretic faith, a Buddhism with Chinese characteristics. One of the more popular schools of Buddhism in China, for example, was the Chan (also known by its Japanese name, Zen). Chan Buddhists had little interest in written texts but, instead, emphasized intuition and sudden flashes of insight in their search for spiritual enlightenment. In that respect they resembled Daoists as much as they did Buddhists.

During the Tang and Song dynasties, this syncretic Buddhism became an immensely popular and influential faith in China. Monasteries appeared in all the major cities, and stupas dotted the Chinese landscape. The monk Xuanzang (602–664) was only one of many devout pilgrims who traveled to India to visit holy sites and learn about Buddhism in its homeland. Many pilgrims returned with copies of treatises that deepened the understanding of Buddhism in China. Xuanzang and other pilgrims played roles of enormous significance in establishing Buddhism as a popular faith in China.

In spite of its popularity, Buddhism met determined resistance from Daoists and Confucians. Daoists resented the popular following that Buddhists attracted, which resulted in diminished resources available for their tradition. Confucians despised Buddhists’ exaltation of celibacy, and they denounced the faith as an alien superstition. They also condemned Buddhist monasteries as wasteful, unproductive burdens on society.

During the late Tang dynasty, Daoist and Confucian critics of Buddhism found allies in the imperial court. Beginning in the 840s the Tang emperors ordered the closure of monasteries and the expulsion of Buddhists as well as Zoroastrians, Nestorian Christians, and Manichaeans. Motivated largely by a desire to seize property belonging to foreign religious establishments, the Tang rulers did not implement their policy in a thorough way. Although it discouraged further expansion, Tang policy did not eradicate foreign faiths from China. Buddhism in particular enjoyed popular support that...
enabled it to survive. Indeed, it even influenced the development of the Confucian tradition during the Song dynasty.

**Neo-Confucianism**

The Song emperors did not persecute Buddhists, but they actively supported native Chinese cultural traditions in hopes of limiting the influence of foreign religions. They contributed particularly generously to the Confucian tradition. They sponsored the studies of Confucian scholars, for example, and subsidized the printing and dissemination of Confucian writings.

Yet the Confucian tradition of the Song dynasty differed from that of earlier times. The earliest Confucians had concentrated resolutely on practical issues of politics and morality, since they took the organization of a stable social order as their principal concern. Confucians of the Song dynasty studied the classic works of their tradition, but they also became familiar with the writings of Buddhists. They found much to admire in Buddhist thought. Buddhism not only offered a tradition of logical thought and argumentation but also dealt with issues, such as the nature of the soul and the individual’s relationship with the cosmos, not systematically explored by Confucian thinkers. Thus Confucians of the Song dynasty drew a great deal of inspiration from Buddhism. Because their thought reflected the influence of Buddhism as well as original Confucian values, it has come to be known as neo-Confucianism.

The most important representative of Song neo-Confucianism was the philosopher Zhu Xi (1130–1200 C.E.). A prolific writer, Zhu Xi maintained a deep commitment to Confucian values emphasizing proper personal behavior and social harmony. Among his writings was an influential treatise entitled *Family Rituals* that provided detailed instructions for weddings, funerals, veneration of ancestors, and other family ceremonies. As a good Confucian, Zhu Xi considered it a matter of the highest importance that individuals play their proper roles both in their family and in the larger society.

Yet Zhu Xi became fascinated with the philosophical and speculative features of Buddhist thought. He argued in good Confucian fashion for the observance of high moral standards, and he believed that academic and philosophical investigations were important for practical affairs. But he concentrated his efforts on abstract and abstruse issues of more theoretical than practical significance. He wrote extensively on metaphysical themes such as the nature of reality. He argued in a manner reminiscent of Plato that two elements accounted for all physical being: *li*, a principle somewhat similar to Plato’s Forms or Ideas that defines the essence of the being, and *qi*, its material form.

Neo-Confucianism ranks as an important cultural development for two reasons. First, it illustrates the deep influence of Buddhism in Chinese society. Even though the neo-Confucians rejected Buddhism as a faith, their writings adapted Buddhist themes and reasoning to Confucian interests and values. Second, neo-Confucianism influenced east Asian thought over a very long term. In China, neo-Confucianism enjoyed the status of an officially recognized creed from the Song dynasty until the early twentieth century, and in lands that fell within China’s cultural orbit—particularly Korea, Vietnam, and Japan—neo-Confucianism shaped philosophical, political, and moral thought for half a millennium and more.

**Chinese Influence in East Asia**

Like societies in Byzantium and the *dar al-Islam*, Chinese society influenced the development of neighboring lands during postclassical times. Chinese armies periodically...
invaded Korea and Vietnam, and Chinese merchants established commercial relations with Japan as well as with Korea and Vietnam. Chinese techniques of government and administration helped shape public life in Korea, Vietnam, and Japan, and Chinese values and cultural traditions won a prominent place alongside native traditions. By no means did these lands become absorbed into China: all maintained distinctive identities and cultural traditions. Yet they also drew deep inspiration from Chinese examples and built societies that reflected their participation in a larger east Asian society revolving around China.

**Korea and Vietnam**

Chinese armies ventured into Korea and Vietnam on campaigns of imperial expansion as early as the Qin and Han dynasties. As the Han dynasty weakened, however, local aristocrats organized movements that ousted Chinese forces from both lands. Only during the powerful Tang dynasty did Chinese resources once again enable military authorities to mount large-scale campaigns. Although the two lands responded differently to Chinese imperial expansion, both borrowed Chinese political and cultural traditions and used them in their societies.

**The Silla Dynasty**

During the seventh century, Tang armies conquered much of Korea before the native Silla dynasty rallied to prevent Chinese domination of the peninsula. Both Tang and Silla authorities preferred to avoid a long and costly conflict, so they agreed to a political compromise: Chinese forces withdrew from Korea, and the Silla king recognized the Tang emperor as his overlord. In theory, Korea was a vassal state in a vast Chinese empire. In practice, however, Korea was in most respects an independent kingdom, although the ruling dynasty prudently maintained cordial relations with its powerful neighbor.

Thus Korea entered into a tributary relationship with China. Envoys of the Silla kings regularly delivered gifts to Chinese emperors and performed the kowtow, but those concessions brought considerable benefits to the Koreans. In return for their recognition of Chinese supremacy, they received gifts more valuable than the tribute they delivered to China. Moreover, the tributary relationship opened the doors for Korean merchants to trade in China.

**Chinese Influence in Korea**

Meanwhile, the tributary relationship facilitated the spread of Chinese political and cultural influences to Korea. Embassies delivering tribute to China included Korean royal officials who observed the workings of the Chinese court and bureaucracy and then organized the Korean court on similar lines. The Silla kings even built a new capital at Kumsong modeled on the Tang capital at Chang’an. As well as royal officials, tribute embassies included scholars who studied Chinese thought and literature and who took copies of Chinese writings back to Korea. Their efforts helped to build Korean interest in the Confucian tradition, particularly among educated aristocrats. While Korean elite classes turned to Confucius, Chinese schools of Buddhism attracted widespread popular interest. Chan Buddhism, which promised individual salvation, won the allegiance of peasants and commoners.

China and Korea differed in many respects. Most notably, perhaps, aristocrats and royal houses dominated Korean society much more than was the case in China. Although the Korean monarchy sponsored Chinese schools and a Confucian examination system, Korea never established a bureaucracy based on merit such as that of Tang and Song China. Political initiative remained firmly in the hands of the ruling classes. Nevertheless, extensive dealings with its powerful neighbor ensured that Korea reflected the influence of Chinese political and cultural traditions.
Chinese relations with Vietnam were far more tense than with Korea. When Tang armies ventured into the land that Chinese called Nam Viet, they encountered spirited resistance on the part of the Viet people, who had settled in the region around the Red River. Tang forces soon won control of Viet towns and cities, and they launched efforts to absorb the Viets into Chinese society, just as their predecessors had absorbed the indigenous peoples of the Yangzi River valley. The Viets readily adopted Chinese agricultural methods and irrigation systems as well as Chinese schools and administrative techniques. Like their Korean counterparts, Viet elites studied Confucian texts and took examinations based on a Chinese-style education, and Viet traders marketed their wares in China. Vietnamese authorities even entered into tributary relationships with the Chinese court. Yet the Viets resented Chinese efforts to dominate the southern land, and they mounted a series of revolts against Tang authorities. As the Tang dynasty fell during the early tenth century, the Viets won their independence and successfully resisted later Chinese efforts at imperial expansion to the south.

Like Korea, Vietnam differed from China in many ways. Many Vietnamese retained their indigenous religions in preference to Chinese cultural traditions. Women played a much more prominent role in Vietnamese society and economy than did their counterparts in China. Southeast Asian women had dominated local and regional markets for centuries, and they participated actively in business ventures closed to women in the more rigidly patriarchal society of China.

Nevertheless, Chinese traditions found a place in the southern land. Vietnamese authorities established an administrative system and bureaucracy modeled on that of China, and Viet ruling classes prepared for their careers by pursuing a Confucian education. Furthermore, Buddhism came to Vietnam from China as well as India and won a large popular following. Thus, like Korea, Vietnam absorbed political and cultural influence from China and reflected the development of a larger east Asian society centered on China.

**Early Japan**

Chinese armies never invaded Japan, but Chinese traditions deeply influenced Japanese political and cultural development. The earliest inhabitants of Japan were nomadic peoples from northeast Asia who migrated to Japan about thirty-five thousand
years ago. Their language, material culture, and religion derived from their parent society in northeast Asia. Later migrants, who arrived in several waves from the Korean peninsula, introduced cultivation of rice, bronze and iron metallurgy, and horses into Japan. As the population of the Japanese islands grew and built a settled agricultural society, small states dominated by aristocratic clans emerged. By the middle of the first millennium C.E., several dozen states ruled small regions.

The establishment of the powerful Sui and Tang dynasties in China had repercussions in Japan, where they suggested the value of centralized imperial government. One of the aristocratic clans in Japan insisted on its precedence over the others, although in fact it had never wielded effective authority outside its territory in central Japan. Inspired by the Tang example, this clan claimed imperial authority and introduced a series of reforms designed to centralize Japanese politics. The imperial house established a court modeled on that of the Tang, instituted a Chinese-style bureaucracy, implemented an equal-field system, provided official support for Confucianism and Buddhism, and in the year 710 moved to a new capital city at Nara (near modern Kyoto) that was a replica of the Tang capital at Chang’an. Never was Chinese influence more prominent in Japan than during the Nara period (710–794 C.E.).

Yet Japan did not lose its distinctive characteristics or become simply a smaller model of Chinese society. While adopting Confucian and Buddhist traditions from China, for example, the Japanese continued to observe the rites of Shinto, their indigenous religion, which revolved around the veneration of ancestors and a host of nature spirits and deities. Japanese society reflected the influence of Chinese traditions but still developed along its own lines.

The experiences of the Heian, Kamakura, and Muromachi periods clearly illustrate this point. In 794 the emperor of Japan transferred his court from Nara to a newly constructed capital at nearby Heian (modern Kyoto). During the next four centuries, Heian became the seat of a refined and sophisticated society that drew inspiration from China but also elaborated distinctively Japanese political and cultural traditions.

During the Heian period (794–1185 C.E.), local rulers on the island of Honshu mostly recognized the emperor as Japan’s supreme political authority. Unlike their Chinese counterparts, however, Japanese emperors rarely ruled but, rather, served as ceremonial figureheads and symbols of authority. Effective power lay in the hands of the Fujiwara family, an aristocratic clan that controlled affairs from behind the throne through its influence over the imperial house and manipulation of its members.

Since the ninth century the Japanese political order has almost continuously featured a split between a publicly recognized imperial authority and a separate agent of effective rule. This pattern helps to account for the remarkable longevity of the Japanese imperial house. Because emperors have not ruled, they have not been subject to deposition during times of turmoil: ruling parties and factions have come and gone, but the imperial house has survived.

The cultural development of Heian Japan also reflected both the influence of Chinese traditions and the elaboration of peculiarly Japanese ways. Most literature imitated Chinese models and indeed was written in the Chinese language. Boys and young men who received a formal education in Heian Japan learned Chinese, read the classic works of China, and wrote in the foreign tongue. Officials at court conducted business and kept records in Chinese, and literary figures wrote histories and treatises in the style popular in China. Even Japanese writing reflected Chinese influence, since scholars borrowed many Chinese characters and used them to represent Japanese words. They also adapted some Chinese characters into a Japanese syllabic script, in which symbols represent whole syllables rather than a single sound, as in an alphabetic script.
Because Japanese women rarely received a formal Chinese-style education, in Heian times aristocratic women made the most notable contributions to literature in the Japanese language. Of the many literary works that have survived from this era, none reflects Heian court life better than *The Tale of Genji*. Composed by Murasaki Shikibu, a lady-in-waiting at the Heian court who wrote in Japanese syllabic script rather than Chinese characters, this sophisticated work relates the experiences of a fictitious imperial prince named Genji. Living amid gardens and palaces, Genji and his friends devoted themselves to the cultivation of an ultrarefined lifestyle, and they became adept at mixing subtle perfumes, composing splendid verses in fine calligraphic hand, and wooing sophisticated women.

*The Tale of Genji* also offers a meditation on the passing of time and the sorrows that time brings to sensitive human beings. As Genji and his friends age, they reflect on past joys and relationships no longer recoverable. Their thoughts suffuse *The Tale of Genji* with a melancholy spirit that presents a subtle contrast to the elegant atmosphere of their surroundings at the Heian court. Because of her limited command of Chinese, Lady Murasaki created one of the most remarkable literary works in the Japanese language.

As the charmed circle of aristocrats and courtiers led elegant lives at the imperial capital, the Japanese countryside underwent fundamental changes that brought an end to the Heian court and its refined society. The equal-field system gradually fell into disuse in Japan as it had in China, and aristocratic clans accumulated most of the islands’ lands into vast estates. By the late eleventh century, two clans in particular—the Taira and the Minamoto—overshadowed the others. During the mid-twelfth century the two engaged in outright war, and in 1185 the Minamoto emerged victorious.
The Minamoto did not seek to abolish imperial authority in Japan but, rather, claimed to rule the land in the name of the emperor. They installed the clan leader as shogun—a military governor who ruled in place of the emperor—and established the seat of their government at Kamakura, near modern Tokyo, while the imperial court remained at Kyoto. For most of the next four centuries, one branch or another of the Minamoto clan dominated political life in Japan.

**Medieval Japan**

Historians refer to the Kamakura and Muromachi periods as Japan’s medieval period—a middle era falling between the age of Chinese influence and court domination of political life in Japan, as represented by the Nara and Heian periods, and the modern age, inaugurated by the Tokugawa dynasty in the sixteenth century, when a centralized government unified and ruled all of Japan. During this middle era, Japanese society and culture took on increasingly distinctive characteristics.

In the Kamakura (1185–1333 C.E.) and Muromachi (1336–1573 C.E.) periods, Japan developed a decentralized political order in which provincial lords wielded effective power and authority in local regions where they controlled land and economic affairs. As these lords and their clans vied for power and authority in the countryside, they found little use for the Chinese-style bureaucracy that Nara and Heian rulers had instituted in Japan and still less use for the elaborate protocol and refined conduct that prevailed at the courts. In place of etiquette and courtesy, they valued military talent and discipline. The mounted warrior, the samurai, thus played the most distinctive role in Japanese political and military affairs.

The samurai were professional warriors, specialists in the use of force and the arts of fighting. They served the provincial lords of Japan, who relied on the samurai both to enforce their authority in their own territories and to extend their claims to other lands. In return for those police and military services, the lords supported the samurai from the agricultural surplus and labor services of peasants working under their jurisdiction. Freed of obligations to feed, clothe, and house themselves and their families, samurai devoted themselves to hunting, riding, archery, and martial arts.

Thus, although it had taken its original inspiration from the Tang empire in China, the Japanese political order developed along lines different from those of the Middle Kingdom. Yet Japan clearly had a place in the larger east Asian society centered on China. Japan borrowed from China, among other things, Confucian values, Buddhist religion, a system of writing, and the ideal of centralized imperial rule. Though somewhat suppressed during the Kamakura and Muromachi periods, those elements of Chinese society not only survived in Japan but also decisively influenced Japanese development during later periods.

The revival of centralized imperial rule in China had profound implications for all of east Asia and indeed for most of the eastern hemisphere. When the Sui and Tang dynasties imposed their authority throughout China, they established a powerful state that guided political affairs throughout east Asia. Tang armies extended Chinese influence to Korea, Vietnam, and central Asia. They did not invade Japan, but the impressive political organization of China prompted the islands’ rulers to imitate Tang examples. Moreover, the Sui and Tang dynasties laid a strong political foundation for rapid economic development. Chinese society prospered throughout the postclassical era, partly because...
of technological and industrial innovation. Tang and Song prosperity touched all of China’s neighbors, since it encouraged surging commerce in east Asia. Chinese silk, porcelain, and lacquerware were prized commodities among trading peoples from southeast Asia to east Africa. Chinese inventions such as paper, printing, gunpowder, and the magnetic compass found a place in societies throughout the eastern hemisphere as they diffused across the silk roads and the sea-lanes. The postclassical era was an age of religious as well as commercial and technological exchanges: Nestorian Christians, Zoroastrians, Manicheans, and Muslims all maintained communities in Tang China, and Buddhism became the most popular religious faith in all of east Asia. During the postclassical era, Chinese social organization and economic dynamism helped to sustain interactions between the peoples of the eastern hemisphere on an unprecedented scale.

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Susan Whitfield. *Life along the Silk Road*. Berkeley, 1999. Focuses on the experiences of ten individuals who lived or traveled on the silk roads during the postclassical era.


